

Nevis Hillwalking Club

*Our aim is to have someone
hillwalking every week-end*

Affiliated to Mountaineering Scotland

Website: nevishillwalking.club and on facebook
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Meeting Places/Times

Car park at the Woollen Mill (Ben Nevis Highland Centre), junction of Glen Nevis and A82 roads, Fort William – 08:00 departure.

Alternatively, join at the following places when going:

beyond Spean Bridge – Spean Bridge Woollen Mill, 08:20;

over the Corran Ferry – Corran Ferry slip, 08:25;

to Glencoe or the A82 south – Glencoe Village car park (by mountain rescue post), 08:30;

to Kinlochleven or the Oban Road (A828) – St Brides School, North Ballachulish, 08:25.

If you want to join a walk, it is important to contact the coordinator.

Programme Layout

The area we are going to is indicated opposite the date of the walk. The relevant OS 1:50K map number is given, with the grid reference of the starting point of the walks. Suggestions for other walks in the same area are welcome. It is club policy that each walk will include an experienced member. Walk distances and heights of ascent are estimates. *Gaelic translations are in italics.* The programmed walks and routes are flexible. Other walks and/or routes in the same area may be undertaken by some or all of the members who attend.

Coordinators

For each outing, we have a “walk coordinator”. See the Walks Programme to find out who this is. The coordinator is not a leader, and members should not expect to be led on a club walk. We hope to encourage self-confidence and self-reliance on the hills, with experienced members helping those less experienced, if required. The onus is on members to provide relevant information to the coordinator. This will aid the organization and safety on the hill. There is a need by members for good communication (before the walk, on and off the hill and at the end of the walk), responsibility, duty of care and awareness of others.

Checking Arrangements and Walk Details

Further information about the walks can be obtained by studying the map and referring to the many guidebooks available for our region. Information about routes, weather and avalanche conditions will be found on the web. See our website for links. To check arrangements and discuss details for any walk, please contact the coordinator. Let the coordinator know what you want to do, either before the day of the walk or at the meeting point. Members doing through routes must ensure they make their own arrangements for transport at the end of the day.

Safety and Equipment

Remember that safety is your responsibility. Read the Code of Practice, found in the Club Handbook on our website. It contains a list of appropriate clothing and equipment that all members should have on the hill. Attention is drawn to the need for crampons and ice axe in winter. Please ensure you are fit enough on the day to complete the route you want to do, under the prevailing weather conditions.

After the Walks

We aim to meet and socialise in a convenient inn or cafe in the area. When making suggestions for walks in future programmes, it may be easier to copy/paste descriptions in your email from websites such as walkhighlands.co.uk, although different routes are also appreciated

Walks Programme — July to September 2018

Sunday 8th July **Map 41, NN119565** **Glen Coe**

Sgurr na h-Ulaidh (994m, Munro) — *peak of the treasure*

Start from the car park on the bend of the A82 at NN119565. Cross the stile opposite and head S across the fairly flat and usually boggy ground to a bridge hidden in the trees at NN119⁰⁹557⁹¹. Continue S to reach the foot of the steep N ridge of Aonach Dubh a’Ghlinne to the E of the rocky crags forming its spine, at NN121⁶⁰548²⁴. Climb the grassy slope, trending right towards the crest of the ridge until the way is barred by rocky slab-sided rib. Pass below this and continue climbing up the steep grass on its W side to reach a prominent ledge at NN119⁷⁷547³³. Follow the ledge rightwards a short distance to reach more grassy slopes leading up to the crest of the ridge. Follow the ridge, zig-zagging as necessary to avoid rocky outcrops, to the summit of Aonach Dubh a’Ghlinne, 845m. Still going S, descend a short drop and climb the steep slope to the summit of Stob an Fhuarain, 968m. From here the ridge leads SW to the summit of Sgurr na h-Ulaidh, 994m. Descend W on to the spur of Corr na Beinne, then turn N down rocky slopes to the bealach at NN104524. Head NE to pick up the path by the Allt na Muidhe and return to the start.

(12km, 1150m ascent) Suggested by Gerry Gilbert; coordinated by Andrew Gilbert

Saturday 14th July **Map 36 & 43, NH985074** **Cairngorms**

Braeriach (1296m, Munro) — *brindled upland*

From the car park, follow the path south to cross Allt Mor, through the Chalamain Gap and downhill to the Lairig Ghru. Cross the burn and head SW following the path up to Sron na Lairige. From its summit, a descent to a broad col is followed by the final climb to the summit of Braeriach. Return by the same route.

(21km, 1000m ascent) Suggested by Gerry Gilbert; coordinated by Toril Frantzen

Wednesday 18th July **Map 41, NN170568** **Glen Coe**

Lost Valley (365m)

More details to follow.

Suggested by Charlotte Almekinders; coordinated by Suzanne Theobald

Sunday 22nd July **Map 50, NN028319** **Taynuilt**

Stob Dearg/Taynuilt Peak (1103m, Munro Top) — *red peak*

Ben Cruachan (1127m, Munro) — *heaped hill*

Start from the car park in Inverawe Country Park, 800m NE of the Smokery, at NN028319. Head NE on the track until it emerges from the forest at the shore of Loch Etive. Leave the track, head SE across rough ground, cross a fence and climb a steep, uneven slope to the summit of Meall Copagach, 660m. Turning S, continue climbing to the summit of Meall nan Each, 906m. Turn SE and descend about 100m to a col with several small lochans. Continue SE and climb the steep slope ahead to the summit of Stob Dearg, the W Top of Cruachan known as the Taynuilt Peak. Descend SE another 100m to a col and climb the ridge to the summit of Ben Cruachan. Head S down the ridge to the Bealach an Lochain at the head of Coire Dearg. Climb S to the summit of Meall Cuanail, 918m. Leave the summit heading SE, soon curving S following the fence line down to its intersection with a track at NN070260. Head E on the track down to the dam. Descend the staircase to reach the track below the dam and follow it across the bridge over the Allt Cruachan. Locate the start of the path that leads S on the E side of this river and follow it over a stile and down through woodland to the railway. Pass under the railway at Falls of Cruachan Station to reach the A85 main road.

(14km, 1500m ascent) Suggested by Gavin Theobald; coordinated by John Burton

Saturday 28th July

Map 41 & 42, NN355664

Corrour

Carn Dearg (941m, Munro) — *red peak*

Sgor Gaibhre (955m, Munro) — *peak of the goat*

Ben Alder (1148m, Munro) — *hill of rock and water*

Beinn Bheoil (1019m, Munro) — *hill of the mouth*

Beinn Eibhinn (1103m, Munro) — *delightful hill*

Aonach Beag (1116m, Munro) — *little ridge*

Geal-Charn (1132, Munro) — *white peak*

Carn Dearg (1034m, Munro) — *red peak*

Beinn na Lap (935m, Munro) — *dappled hill*

Leum Uilleim (906m, Corbett) — *William's leap*

Train from north departs Fort William 7:44am, arrives Corrour 8:32am, departs Corrour 9:20pm, arrives Fort William 10:06pm. Train from south departs Bridge of Orchy 8:18am, arrives Corrour 8:59am, departs Corrour 8:52pm, arrives Bridge of Orchy 9:35pm. Meals available from Corrour Station House restaurant (corrour.co.uk): it is advisable to book in as early as possible.

No set route, but with lots of time available, some longer than normal routes are possible. These include Carn Dearg & Sgor Gaibhre, Beinn Eibhinn & Aonach Beag & Geal-Charn & possibly Carn Dearg, Ben Alder & optionally Beinn Bheoil, or just Beinn na Lap and/or Leum Uilleim.

Suggested by Gavin Theobald; coordinated by Gerry Gilbert

Sunday 5th August

Map 40, NM765816

Lochailort

An Stac (814m, Corbett) — *the stack*

Rois-Bheinn (882m, Corbett) — *horse hill*

Start at Inverailort, where ample parking is available N of a row of cottages at NM765816. Head ENE along a straight for 450m and turn N at a group of small buildings. Continue on the deteriorating track for another 450m and join a hydro-scheme track leading E up the Roti Burn. This turns S and climbs more steeply. At NM777⁵⁸813⁵⁷, leave the track and climb SW up the rough slope, turning W to reach a small summit at 322m. Continue W across a col, turning SW up to the summit of Seann Chruach, 521m. Now head S descending a little, and climb the ridge to the summit of An Stac, 814m. Descend S to the col at the head of Coire na Cnamha, 559m^{EX}. Climb the steep buttress ahead to crest the ridge about 200m NW of Bealach an Fhiona. A faint path may be found. Head SW up the ridge to the summit of Rois-bhein, 882m. Continue W to reach the W summit, 878m. Turn NE, across the summit plateau and descend the N ridge, steeply at first, to reach the floor of Coire Cnamha. Contour N across the slope, descending a little to cross the Allt Tarsuinn^{EX} at NM755⁷⁶798⁴⁷. Continue N to reach a track at NM754¹⁸809⁵³. Follow the track NE to reach the A861 just E of Inverailort Castle. Return to start.

(13km, 1250m ascent) Suggested by Charlotte Almekinders; coordinated by Toril Frantzen

Wednesday 8th August

Fort William

Planning meeting at Gavin and Suzanne's house, 7:30pm. More details to follow.

Saturday 11th August

Map 56, NN269037

Arrochar

The Brack (787m, Corbett) — *speckled hill*

Ben Donich (847m, Corbett) — *brown hill*

Start at the parking and picnic site at Ardgartan and follow the track NW by the river Croe. After 2 kms, just before a bridge over the stream coming down from the NE corrie of The Brack, take a footpath left, following this stream steeply up to the open hillside. The path crosses the stream and leads through crags up to the N ridge of the Brack. Turn S to the summit. Retrace your steps and descend the N ridge to the bealach Dubh-lic (384m) at NN241040. From here the E ridge of Ben Donich can be followed to its summit. Return to the bealach and take the path N down to the forest track which then leads back to the start.

(13km, 1200m ascent) Suggested by Gerry Gilbert; coordinated by Andrew Gilbert

Sunday 19th August **Map 51, NN593416** **Loch Tay**

Meall Corranaich (1069m, Munro) — *crooked hill*

Meall a'Coire Leith (926m, Munro) — *hill of the grey corrie*

Two Munros on the westward end of the Ben Lawers ridge. The start at almost 550m makes this a short round but the terrain is rough. Park at NN593416 (near large cairn) or at car park further on. Take path NE for about 0.5km then turn SE following a line of fence posts to reach the SW ridge of Meall Corranaich. Follow this to the summit. Head north from the summit over a second minor summit and head NNE to the bealach and on to Meall a Choire Leith. Descend SW back to the cars.

(10km, 750m ascent) Suggested by Ken Stevenson; coordinated by Suzanne Theobald

Saturday 25th August **Map 41, NN170568** **Glen Coe**

Bidean nam Bian (1149m, Munro) — *pinnacle of the hills*

Stob Coire Sgreamhach (1072m, Munro) — *peak of the dreadful corrie*

Park at the Glen Coe Viewpoint car park at NN170568. Head off SE and follow the path down to cross the River Coe on a bridge just below the Meeting of Three Waters. The path rises to a junction where it enters the gorge cut by the Allt Coire Gabhail. The path bifurcates here. Take the right fork, which is indistinct at first due to erosion, and scramble up easily. Follow the path SW for about 150m to NN169⁹⁸559⁷⁰. Leave the path and head W up a grassy slope towards the foot of the nose of Gèarr Aonach, to reach the start of a path at NN168⁶⁶560²⁷. This zig-zags up the cliffs. At each turn of the path, there is a short but easy scramble, none of which is exposed. From the summit, 692m, head SW to reach the foot of the NE ridge of Stob Coire nan Lochan and climb it steeply to the summit, 1115m. Descend SW gently to a col then climb the steep ridge ahead to the summit of Bidean nam Bian. Descend SE to the col, 944m, at the head of Coire Gabhail and continue up to the summit of Stob Coire Sgreamhach. Descend the narrow NE ridge until further progress is barred by a steep rocky step. Avoid this by turning SE and scramble down to reach the narrow col below (902m). Head NE, over the two Tops of Beinn Fhada, 952m and 931m, and continue down over undulating ground until the gradient steepens at the nose at about NN175556. Turn E and after about 200m, locate a rocky ramp leading down steeply NNE into the Lairig Eilde. Turn E to reach the ford at NN182557 and follow the footpath to the car park.

(14km, 1550m ascent) Suggested by Charlotte Almekinders; coordinated by Suzanne Theobald

Saturday 1st – 8th September **Map 23 & 32** **Skye**

Week away

Sunday 2nd September **Map 34, NN176888** **Clunes**

Meall na Teanga (918m, Munro) — *hill of the tongue*

Park at the parking area for Eas Chia-aig. Follow path until it joins the track. From NN180894 head E through short band of trees up to minor 280m summit. Continue E to 493m summit of Creag Dhonn. Turn N over Ruighe na Beinne (645m) and then NNE over Meall Breac and finally NE to 872m top of Meall Odhar. Follow ridge E to 907m top of Meall Coire Lochain. Follow NE ridge to Meall na Teanga and then return to 906m top. Head SE to 588m top of Leac Chorrach. Head S to end of track at NN200890. Follow track E to point NN205889. Now descend S, hopefully avoiding trees, to car park near Clunes. Alternatively continue E along track to junction and then turn SW along track to car park.

(13km, 1100m ascent) Suggested by Robert Paterson; coordinated by John Burton

Saturday 8th September **Map 33/40, NM988917** **Loch Arkaig**

Sgurr nan Coireachan (953m, Munro) — *peak of the corries*

Garbh Chioch Mhor (1013m, Munro) — *big rough place of the breast*

Sgurr na Ciche (1040m, Munro) — *peak of the breast*

From Strathan, head up the road passed the remains of the Barracks. Then follow the path, on the north side of Glen Dessary, just above the forest. Cross the Allt Coire nan Uth and then leave the path to go north up the steep grassy ridge to Sgurr nan Coireachan. To continue the traverse, go steeply WSW to the Bealach Coire nan Gall. Follow the drystone dyke west along a succession of rocky outcrops over Garbh Chioch Bheag to the summit of Garbh Chioch Mhor. Keep following the dyke west then NNW to the col below Sgurr na Ciche. Zig-zag through the maze of crags and boulders up to the summit of Sgurr na Ciche. To descend, return to the col, then go SW towards Coire na Ciche, and then Traverse SE to the path in the Bealach an Lagain, and onwards to Strathan.

(24km, 1750m ascent) Suggested and coordinated by Chris Tracey

Tuesday 11th September **Otter Evening**

7:00pm. More details to follow.

Sunday 16th September **Map 41, NN187622** **Kinlochleven**

Binnein Mor (1130m, Munro) — *large peak*

Na Gruagaichean (1055m, Munro) — *the maidens*

Follow the path from the edge of the car park marked for Loch Eilde Mor. The path climbs steeply through trees and crosses the moor until it eventually reaches a vehicle track. Turn left here very briefly before turning right again to continue in the original direction on another stalkers path. The path crosses a stream and climbs around the southern flank of Sgurr Eilde Beag. Continue on the stalkers path, passing beneath the steep east face and crossing the north flank of Sgurr Eilde Beag before heading up to the ridge in a wide zig-zag. Turn right up the broad ridge to the minor summit at 1062m. From here you can see the ridge running out to Binnein Mor to the north. Follow this ridge northward to reach the summit of Binnein Mor. Return south to the 1062m minor summit. This time, follow the narrowing ridge southwest down to a bealach and then reascend to Na Gruagaichean. From here follow the easier south ridge then descend southwest down rough, pathless ground to return to the track. Turn right along this until a path cutting down on the left leads back down to the woods around the Grey Mare's Tail, and Kinlochleven.

(14km, 1300m ascent) Suggested by John Burton; coordinated by Suzanne Theobald

Saturday 22nd September **Map 33, NG971138** **Glen Shiel**

The Saddle (1011m, Munro)

Sgurr na Sgine (946m, Munro) — *peak of the knife*

Start at the lay-by off the A87 at NG971138, where ample parking is available. Follow the A87 NW for 500m, then take the stalkers' path up to the col, 496m, between Biod an Fhithich and Meallan Odhar. Climb S to Meallan Odhar, 610m, then continue SW to the foot of the Forcan Ridge. Scramble up W to the summit of Sgurr na Forcan, 963m. Descend a short tricky scramble to reach easier ground and continue W along the ridge to the summit of The Saddle. Descend SE from the trig point to the lochan on the Bealach Coire Mhàlagain. Climb SE to reach the crest of the ridge forming the rim of Coire Toteil and follow it S over the Top (942m) to the summit of Sgurr na Sgine. Return around the rim of the Coire and continue E to Faochag 909m. Descend its steep NE ridge and cross the fence into the plantation where a faint path may be found. This leads to a gate in the lower fence at NG969134, 100m E of which is a bridge over the Allt Mhàlagain. Follow the path back to the start.

(13km, 1500m ascent) Suggested by Chris Tracey and Gerry Gilbert; coordinated by Chris Tracey

Sunday 30th September

Map 49, NM718372

Craignure, Isle of Mull

Dun da Ghaoithe (766m, Corbett) — *fort of two winds*

Start at CalMac Pier, Craignure NM718372. Take A849 S past the turning to Torosay Castle, then take track on right 250m further at NM725350. Follow track W past Upper Achnacroish farm then northwest uphill to TV masts at Maol nan Uan, 431m. Take right fork past more masts on to ridge heading SW, then west to the summit of Mainnir nam Fiadh, 754m. Follow ridge NW to large cairn and a further 1km to summit of Dun da Ghaoithe. Great views of mainland and islands. Return by outward route or alternatively descend steeply down the east ridge to reach Scallastle Forest Walk leading to A849 and then back to ferry terminal. Cars can be taken on Lochaline-Fishnish Ferry to join up with rest of party at Craignure.

(15km, 850m ascent) Suggested by Chris Tracey; coordinated by Ken Stevenson

Saturday 6th October

Map 41, NN355664

Corrour

Chno Dearg (1046m, Munro) — *red hill*

Stob Coire Sgriodain (979m, Munro) — *peak of the corrie of the scree*

Train from Fort William departs 7:44am, arrives Corrour 8:32am. Follow path on W side of railway to bridge at NN342681. Head up NNW onto ridge of Sron na Garbh-bheinne. Continue NE up broad ridge over summit of Garbh-bheinn and on to summit of Meall Garbh. Head N then NE to summit of Chno Dearg. Return to last col. Now head WSW to lower col before heading WNW over 924m and 958m summits before turning N to summit of Stob Coire Sgriodain. Head roughly N back towards Fersit. Go over second crag named Sron na Garbh-bheinne with care, or avoid by dropping E into corrie and follow Allt Chaorach Beag. Descend to track through Fersit to cars left near road edge at NN358758.

(17km, 1500m ascent) Suggested by Gavin Theobald; coordinated by Suzanne Theobald



Nevis Hillwalking Club

Autumn Programme

Date	Mountains	Category	Area	Map	Coordinator
Sun 8 th July	Sgurr na h-Ulaidh	M	Glen Coe	41	Andrew Gilbert
Sat 14 th July	Braeriach	M	Cairngorms	36/43	Toril Frantzen
Wed 18 th July	Lost Valley		Glen Coe	41	Suzanne Theobald
Sun 22 th July	Stob Dearg Ben Cruachan	MT M	Taynuilt	50	John Burton
Sat 28 th July	—	M	Corrour	41/42	Gerry Gilbert
Sun 5 th Aug	An Stac Rois-Bheinn	C C	Lochailort	40	Toril Frantzen
Wed 8 th Aug	<i>Planning evening</i>		Fort William		Suzanne Theobald
Sat 11 th Aug	The Brack Ben Donich	C C	Arrochar	56	Andrew Gilbert
Sun 19 th Aug	Meall Corranaich Meall a'Coire Leith	M M	Loch Tay	51	Suzanne Theobald
Sat 25 th Aug	Bidean nam Bian Stob Coire Sgreamhach	M M	Glen Coe	41	Suzanne Theobald
1 st – 8 th Sept	<i>Week away</i>		Skye	23/32	Suzanne Theobald
Sun 2 nd Sept	Meall na Teanga	M	Clunes	34	John Burton
Sat 8 th Sept	Sgurr nan Coireachan Garbh Chioch Mhor Sgurr na Ciche	M M M	Loch Arkaig	33/40	Chris Tracey
Tues 11 th Sept	<i>Otter evening</i>			41	Suzanne Theobald
Sun 16 th Sept	Binnein Mor Na Gruagaichean	M M	Kinlochleven	41	Suzanne Theobald
Sat 22 nd Sept	The Saddle Sgurr na Sgine	M M	Glen Shiel	33	Chris Tracey
Sun 30 th Sept	Dun da Ghaoithe	C	Craignure, Mull	49	Ken Stevenson
Sat 6 th Oct	Chno Dearg Stob Coire Sgriodain	M M	Corrour	41	Suzanne Theobald

M — Munro C — Corbett G — Graham T — Top

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