

Nevis Hillwalking Club

*Our aim is to have someone
hillwalking every week-end*

Affiliated to Mountaineering Scotland

Website: nevishillwalking.club and on facebook
Contacts: email: enquiries@nevishillwalking.club
Secretary: 01397 701783
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Meeting Places/Times

Car park at the Woollen Mill (Ben Nevis Highland Centre), junction of Glen Nevis and A82 roads, Fort William – 08:00 departure.

Alternatively, join at the following places when going:

beyond Spean Bridge – Spean Bridge Woollen Mill, 08:20;

over the Corran Ferry – Corran Ferry slip, 08:25;

to Glencoe or the A82 south – Glencoe Village car park (by mountain rescue post), 08:30;

to Kinlochleven or the Oban Road (A828) – St Brides School, North Ballachulish, 08:25.

If you want to join a walk, it is important to contact the coordinator.

Programme Layout

The area we are going to is indicated opposite the date of the walk. The relevant OS 1:50K map number is given, with the grid reference of the starting point of the walks. Suggestions for other walks in the same area are welcome. It is club policy that each walk will include an experienced member. Walk distances and heights of ascent are estimates. *Gaelic translations are in italics.* The programmed walks and routes are flexible. Other walks and/or routes in the same area may be undertaken by some or all of the members who attend.

Coordinators

For each outing, we have a “walk coordinator”. See the Walks Programme to find out who this is. The coordinator is not a leader, and members should not expect to be led on a club walk. We hope to encourage self-confidence and self-reliance on the hills, with experienced members helping those less experienced, if required. The onus is on members to provide relevant information to the coordinator. This will aid the organization and safety on the hill. There is a need by members for good communication (before the walk, on and off the hill and at the end of the walk), responsibility, duty of care and awareness of others.

Checking Arrangements and Walk Details

Further information about the walks can be obtained by studying the map and referring to the many guidebooks available for our region. Information about routes, weather and avalanche conditions will be found on the web. See our website for links. To check arrangements and discuss details for any walk, please contact the coordinator. Let the coordinator know what you want to do, either before the day of the walk or at the meeting point. Members doing through routes must ensure they make their own arrangements for transport at the end of the day.

Safety and Equipment

Remember that safety is your responsibility. Read the Code of Practice, found in the Club Handbook on our website. It contains a list of appropriate clothing and equipment that all members should have on the hill. Attention is drawn to the need for crampons and ice axe in winter. Please ensure you are fit enough on the day to complete the route you want to do, under the prevailing weather conditions.

After the Walks

We aim to meet and socialise in a convenient inn or cafe in the area. When making suggestions for walks in future programmes, it may be easier to copy/paste descriptions in your email from websites such as walkhighlands.co.uk, although different routes are also appreciated

Walks Programme — October to December 2018

Saturday 6th October **Map 41, NN355664** **Corrour**

Chno Dearg (1046m, Munro) — *red hill*

Stob Coire Sgriodain (979m, Munro) — *peak of the corrie of the scree*

Train from Fort William departs 7:44am, arrives Corrour 8:32am. Follow path on W side of railway to bridge at NN342681. Head up NNW onto ridge of Sron na Garbh-bheinne. Continue NE up broad ridge over summit of Garbh-bheinn and on to summit of Meall Garbh. Head N then NE to summit of Chno Dearg. Return to last col. Now head WSW to lower col before heading WNW over 924m and 958m summits before turning N to summit of Stob Coire Sgriodain. Head roughly N back towards Fersit. Go over second crag named Sron na Garbh-bheinne with care, or avoid by dropping E into corrie and follow Allt Chaorach Beag. Descend to track through Fersit to cars left near road edge at NN358758. (17km, 1500m ascent) Suggested by Gavin Theobald; coordinated by Suzanne Theobald

Thursday 11th October **Fort William** **Peru talk**

At An Drochaid Centre. by Steve and Clare McCabe. Details to follow. Coordinator: Suzanne Theobald

Sunday 14th October **Map 51, NN583417** **Loch Tay**

Meall nan Tarmachan (1043m, Munro) — *hill of the ptarmigans*

Meall Garbh (1026m, Munro Top) — *rough hill*

Beinn nan Eachan (1000m, Munro Top) — *hill of the little horses*

From the car park head S along a track for about 300m before heading SE up the hillside to a 774m top. From here head S along the ridge to the summit of Creag an Lochain at 842m. Drop to a col before heading S up the ridge to the summit of Meall nan Tarmachan. Head SW to the 1026m munro top of Meall Garbh. Turn WNW and then SW along the ridge to the 1000m munro top of Beinn nan Eachan. Return 300m along the ridge before heading NNW down the ridge of Beinn a' Bhuic. The ridge then turns N over Meall Glas at 829m and then NE to Creag nam Bothan at 790m. Either head down E to descend to the track back to the start point or head N to the 694m top and descend the hillside E back to the start point. The first alternative may be better if there is much water in the river. (11km, 850m ascent) Suggested and coordinated by Kate Willis

Saturday 20th October **Map 50, NN028319** **Taynuilt**

Stob Dearg/Taynuilt Peak (1103m, Munro Top) — *red peak*

Ben Cruachan (1127m, Munro) — *heaped hill*

Start from the car park in Inverawe Country Park, 800m NE of the Smokery, at NN028319. Head NE on the track until it emerges from the forest at the shore of Loch Etive. Leave the track, head SE across rough ground, cross a fence and climb a steep, uneven slope to the summit of Meall Copagach, 660m. Turning S, continue climbing to the summit of Meall nan Each, 906m. Turn SE and descend about 100m to a col with several small lochans. Continue SE and climb the steep slope ahead to the summit of Stob Dearg, the W Top of Cruachan known as the Taynuilt Peak. Descend SE another 100m to a col and climb the ridge to the summit of Ben Cruachan. Head S down the ridge to the Bealach an Lochain at the head of Coire Dearg. Climb S to the summit of Meall Cuanail, 918m. Leave the summit heading SE, soon curving S following the fence line down to its intersection with a track at NN070260. Head E on the track down to the dam. Descend the staircase to reach the track below the dam and follow it across the bridge over the Allt Cruachan. Locate the start of the path that leads S on the E side of this river and follow it over a stile and down through woodland to the railway. Pass under the railway at Falls of Cruachan Station to reach the A85 main road.

(14km, 1500m ascent) Suggested by Gavin Theobald; coordinated by John Burton

Sunday 28th October

Map 41, NN131712

Glen Nevis

Carn Dearg (1020m, Munro Top) — *red peak*

The 1:25000 map is clearer for this route. The ascent route is described in Noel William's book "Scrambles in Lochaber", route 3. Cross river Nevis at youth hostel and walk upstream to old grave yard at NN136702. Alternatively the river can be waded fairly easily by the grave yard itself to save 2 or 3km of walking. From the grave yard head upstream along the river Nevis until a wall is reached at NN139699. Head uphill following the wall and then the left bank of the Allt an Aon Doruis. Continue to an altitude of about 375m to the point at which a rock band blocks the way. Either scramble up this or contour left until a gully branches back right to give a way up above the crags. Continue up the hill with Surgeon's Gully to your right. Stay to the left of some rock outcrops. Continue until the N ridge of Carn Dearg is reached. A short walk S takes you to the summit, or alternatively it is possible to turn NNW up rough ground to reach the path up to the summit of Ben Nevis. From the summit of Carn Dearg a descent can be made S down to Am Mam Buidhe but an easier descent is E into Coire Eoghainn. Cross streams high up and descend the E bank of Allt Coire Eoghainn descending to the car park at the head of Glen Nevis.

(7km, 1000m ascent) Suggested by Gavin Theobald; coordinated by Andrew Gilbert

Saturday 3rd November

Map 51, NN465364

Glen Lochay

Meall Glas (959m, Munro) — *grey-green hill*

Sgiath Chuil (920m, Munro) — *back wing, so sheltering spot*

Park at the end of the public road in Glen Lochay and follow the track W as far as Batavaime. Cross the river Lochay (bridge marked on map) and ascend the N ridge of Meall Glas to its summit. Head E on the summit ridge over the 908m point and NE to Beinn Cheathaich, 937m. An easy descent can be made from here down the N ridge to pick up a track back to Lubchurran and the river Lochay. To continue to Sgiath Chuil, descend E down to a bealach then up the steep grassy slopes to Meall a' Churain and along the ridge S to the summit of Sgiath Chuil. Descend the N ridge until past the steep crags then cross the burn and pick up the track to Lubchurran.

(15km, 850m ascent / 18km, 1200m ascent)

Suggested by Toril Frantzen, Robert Paterson and Chris Tracey; coordinated by Gerry Gilbert

Sunday 11th November

Map 34, NN287964

Laggan Locks, Loch Lochy

Sron a' Choire Ghairbh (937m, Munro) — *nose of the rough corrie*

Park at Laggan Locks. Cross the Laggan Locks and follow the forestry track SW to Kilfinnan. After crossing the Kilfinnan Burn turn W at NN276957 to start climbing towards the east ridge. When the climb becomes less steep turn WSW at NN265959. Head SW along the ridge over Meall nan Dearcag (689m) and Sean Mheall (887m) passing close to the lochan at NN252946. From Sean Mheall continue WSW along the wide ridge bearing NW at NN226944 towards the summit of Sron a Choire Ghairbh (937m). From the summit, head NNW following the curve of the ridge towards Meall a Choire Ghlais (900m). Turn E at NN217954 to leave the ridge and descend down the Coire Glas towards Loch a Choire Ghlais. Follow the Allt a Choire Ghlais NE keeping to the north side and passing above Kilfinnan Falls before turning SE to descend steeply to rejoin the forestry road NE of Kilfinnan and head back to Laggan Locks.

Alternatively, from the summit of Sron a Choire Ghairbh follow the south-east ridge of Sron a Choire Ghairbh and descend to the stalkers path at NN224940 to join the Cam Bhealach and forestry road along Loch Lochy back to Laggan locks.

(16km, 950m ascent) Suggested by Kate Willis; coordinated by Kate Willis

Wednesday 14th November

Fort William

Planning meeting

At Gavin and Suzanne's house, 7:30pm. More details to follow.

Saturday 17th November **Map 35, NN584937** **Laggan**

Geal Charn (926m, Munro) — *white peak*

Beinn Sgiath (887m, Corbett Top) — *wing hill*

Park just before the Spey dam and follow the track up Glen Markie. The path crosses the river after the burn has split and continues up the steep hillside. Leave the path before it crosses the Allt nam Beith and head W up less steep ground to the top of the spur Bruach nam Biodag. Continue W around the corrie rim to the summit of Geal Charn. Descend S then E to Beinn Sgiath. Continue the descent SW then S to pick up the track at NN553945 which leads back to the road at Sherramore.

(15km, 750m ascent) Suggested and coordinated by Chris Tracey

Sunday 25th November **Map 41, NN172568** **Glen Coe**

Am Bodach (1069m, Munro Top) — *the old man*

Sron Gharbh (875m, Corbett Top) — *rough jutting peak*

A' Chailleach (902m, Corbett Top) — *the old woman*

Start at the parking at the foot of Am Bodach and head up the steep ridge as for the Aonach Eagach. From the summit of Am Bodach descend NE then follow the ridge over to Sron Garbh. Continue SE around the rim of the corrie then NE again up to the 903m summit of A' Chailleach. Descend the broad ridge SE to a low point at the back of a S facing corrie at NN195578 then follow the E side of this corrie curving SW down to meet the old road. Cross the river near the large cairn to the car park.

If the river is in spate descent can be made E to Stob Mhic Mhartuin and the Devil's staircase down to the road at Altnafeadh.

(8km, 990m ascent) Suggested by Gavin Theobald; coordinated by Ken Stevenson

Saturday 1st December **Map 50, NN111453** **Glen Etive**

Beinn Trilleachan (840m, Corbett) — *hill of sandpipers*

An isolated hill giving spectacular views down Loch Etive, with the mighty Ben Starav right opposite, and further away, the peaks of Glen Coe, Glen Etive and Black Mount.

Limited parking is available near the end of the public road at NN111453. Head NW up the well-worn and often boggy path following the forestry boundary. As this levels off at about 220m altitude, turn SW and ascend the rough and uneven NE aspect of Meall nan Gobhar. Continue up the increasingly ??? ground and along the edge of the escarpment to the first summit, 767m. This is a dramatic position overlooking the Etive Slabs. A short steep drop and a gradual ascent lead to the main summit of Beinn Trilleachan. Return by the same route.

(9km, 850m ascent) Suggested by Gerry Gilbert; coordinated by Rick Atkinson

Friday 7th December **Glen Nevis Inn** **Christmas Meal**

More details to follow. Coordinated by Suzanne Theobald

Sunday 9th December **Map 50, NN132283** **Loch Awe**

Sron an Isean (967m, Munro Top) — *jutting peak of the chicken*

Stob Daimh (999m, Munro) — *hill of the stag*

Stob Garbh (982m, Munro Top) — *rough peak*

Start at the junction of the A85 and the B8077 where parking is available. Walk NE along the road for about half a km and turn left on to a good farm track (leading to Castles Farm). Turn left at the junction to go NW climbing steadily. Continue to the head of the glen and nearly to the end of the track. Leave the track and go NW to the col of Lairig Noe. Climb steeply to Sron an Isean and continue to the summit of Stob Daimh on a fairly narrow and steep ridge. Go south down the ridge and up to Stob Garbh. Then follow the broad ridge SE, then curving ESE to the bridge over the Allt Coire Ghlais to join a track leading back to the start point.

(14km, 1150m ascent) Suggested by John Burton; coordinated by Suzanne Theobald

Saturday 15th December **Map 50, NN316354** **Auch Glen**

Beinn Mhanach (953m, Munro) — *monks' hill*

Beinn a' Chuirn (923m, Munro Top) — *hill of the cairn*

Park at the start of the track down to Auch farm. Follow the track under the viaduct on the SE side of the river and along the banks of the Allt Kinglass. The track crosses the stream several times so in spate conditions stay on the E bank. When the track ends, head up the steep slopes N to the summit of Beinn Mhanach. Descend W to a bealach then up SW to the summit of Beinn a' Chuirn. From here descend E at first then S on slightly less steep ground to regain the track.

(20km, 950m ascent) Suggested and coordinated by Chris Tracey

Sunday 23rd December **Map 40, NM873816** **Glenfinnan**

Sgurr an Utha (796m, Corbett) — *peak of the udder*

Fraoch-bheinn (790m, Corbett Top) — *heather hill*

A steep but short day on this accessible Corbett, on the summit of which garnets may be found. Good views in all directions of a rugged and varied landscape.

Start from the lay-by on the S side of the A830 just W of the bridge over the Allt an Utha, NM873816. Cross the bridge to the start of a forestry track and follow it NW to a junction just before a bridge over Allt an Utha NM872823. Turn E and follow the steep ATV track up to its end at NM880826. Continue E up the open slope to reach the level spur of Druim na Brein-choille, whence there are excellent views along Loch Eil. Head NNE along the spur and up until the terrain levels again at about 730m altitude. Turn NNW and head directly for the col between Sgurr an Utha and Fraoch-bheinn, 735m. Climb W up to the summit of Sgurr an Utha. Return to the col and walk E up to the summit of Fraoch-bheinn. Descend SE to Tom na h-Aire, then SSW down to Glenfinnan Station.

(9km, 750m ascent) Suggested by Gavin Theobald; coordinated by Gerry Gilbert

Saturday 29th December **Map 41, NN143608** **Kinlochleven**

Garbh Bheinn (867m, Corbett) — *rough hill*

A shapely peak seen end-on from the Ballachulish Bridge, rising steeply out of Loch Leven, its isolation lending a grandeur that belies its modest bulk.

Park off the road just east of Caolasnacon near the bridge at NN143608. A path leads SE to follow the Allt Gleann a'Chaolais for a few hundred metres. Strike off up the hill to gain the west ridge of Garbh Bheinn. A path appears further up which follows the ridge to the summit at 867m. Descend ENE to another summit at 734m, then ESE more steeply down to join the WHW at the bridge over the Allt Coire Mhorair, NN195602. Follow the WHW to Kinlochleven.

(14km, 850m ascent) Suggested by Andrew Gilbert; coordinated by Suzanne Theobald

Sunday 6th January **Maps 40 & 49, NM873605** **Glen Tarbert**

Creach Bheinn (853m, Corbett) — *plunder hill*

Meall Odhar (794m, Corbett Top) — *dun-coloured hill*

This route explores the possibility of access to and egress from these hills facilitated by the recently constructed hydro schemes in Coire Dubh and Coire nam Frithallt.

Start from the lay-by on the A861 approximately mid-way between the two power stations at NM873605. Head W down the road on a wide verge to the hydro track at NM868605. Head S on the track, across the Carnoch River and up into Coire Dubh. Continue to follow the Allt a' Choire Dhuibh to a confluence at NM871595. Climb S up a ridge on the E side of the tributary to reach a gap in the steep corrie wall that gives access to the open hillside above. A fence-line may assist identification. Turn SE and climb up to Creach Bheinn following the edge of the rim of the corrie. When abreast of the Bealach Coire an Dubh-alltan at about NM874581, turn SW to the summit trig point. Return and descend E to the Bealach at 714m, continuing E up to the summit of Maol Odhar. Head SE, curving NE around the rim of Coire nam Frithallt, down to a col, then up to a small summit, 715m. Turn N and descend a broad ridge until it levels at about 500m alt, then descend NW, crossing the fence-line to reach the Allt Coire nam Frithallt. Follow it downstream to reach the hydro track and continue to the A861. Walk E along the verge back to the lay-by.

(13km, 950m ascent) Suggested by Andrew Gilbert; coordinated by Toril Frantzen

Nevis Hillwalking Club

Autumn Programme

Date	Mountains	Category	Area	Map	Coordinator
Sat 6 th Oct	Chno Dearg Stob Coire Sgriodain	M M	Corrour	41	Suzanne Theobald
Thurs 11 th Oct	<i>Peru talk</i>		Fort William	41	Suzanne Theobald
Sun 14 th Oct	Meall nan Tarmachan Meall Garbh Beinn nan Eachan	M MT MT	Loch Tay	51	Kate Willis
Sat 20 th Oct	Stob Dearg Ben Cruachan	MT M	Taynuilt	50	John Burton
Sun 28 th Oct	Carn Dearg	MT	Glen Nevis	41	Andrew Gilbert
Sat 3 rd Nov	Meall Glas Sgiath Chuil	M M	Glen Lochay	51	Gerry Gilbert
Sun 11 th Nov	Sron a' Choire Ghairbh	M	Loch Lochy	34	Kate Willis
Wed 14 th Nov	<i>Planning evening</i>		Fort William	41	Suzanne Theobald
Sat 17 th Nov	Geal Charn Beinn Sgiath	M CT	Laggan	35	Chris Tracey
Sun 25 th Nov	Am Bodach Sron Gharbh A' Chailleach	MT CT CT	Glen Coe	41	Ken Stevenson
Sat 1 st Dec	Beinn Trilleachan	C	Glen Etive	50	Rick Atkinson
Fri 7 th Dec	<i>Christmas Meal</i>		Glen Nevis Inn	41	Suzanne Theobald
Sun 9 th Dec	Sron an Isean Stob Daimh Stob Garbh	MT M MT	Loch Awe	50	Suzanne Theobald
Sat 15 th Dec	Beinn Mhanach Beinn a' Chuirn	M MT	Auch Glen	50	Chris Tracey
Sun 23 rd Dec	Sgurr an Utha Fraoch-bheinn	C CT	Glenfinnan	40	Gerry Gilbert
Sat 29 th Dec	Garbh Bheinn	C	Kinlochleven	41	Suzanne Theobald
Sun 6 th Jan	Creach Bheinn Meall Odhar	C CT	Glen Tarbert	40/49	Toril Frantzen

M — Munro C — Corbett G — Graham T — Top

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